

R.I. PRESIDENT:	JENNIFER JONES	DISTRICT GOVERNOR:	SANDIP AGARWALLA
CLUB PRESIDENT:	UDAY SHETTY	EDITOR:	NARAYANA SHAGRITHAYA
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FROM THE EDITOR'S DESK

Activities of the club continued well in the months of March and April 2023. We started off with a bang with the International Women's Day celebrations on 11th March 2023, which was a resounding success, wherein we recognized six deserving academicians. Our PE Jennifer Isaac, SE Vaishali Savla and TE Dr. Shraddha Nate attended the PETS/SETS/TETS/GMS program held on 26th March held at Hotel Lalit.

Ten of our Rotarians attended the Incredible District Training assembly held at Hotel Grand Maratha, Andheri on 16th April 2023. Our Rtn. Biju Babu in association with his outfit "GEENEUS MINDS", organised a Mega Career Guidance Seminar on 2nd April 23 at Kalidas Hall which was attended by about 850 students and their parents.

Our cataract screening and eye check up camps as a part of our project "Cataract Free Bhandup", went off very well with great success. Now citizens of Bhandup and adjoining areas eagerly look for our camp every month. We are really fortunate to get the blessings of those satisfied beneficiaries.

Three of our four club meetings had external speakers on interesting topics. Our President Elect Jennifer Isaac was specially invited to a meeting with Rotary International President Elect Gordon McInally during his visit to our District and District Governor Elect Arun Bhargava introduced Jennifer to him as "Magic Woman" for bringing maximum number of members to the club. Jennifer, you are our star!

In the District Awards function held, our club received the coveted PDG Ashok Mahajan Trophy for outstanding membership development by a club up to 50 members.

Two new members Neelmani Sabat and Ajesh Shetty joined our club during the period. A warm welcome dear Neelmani and Ajesh to our club.

With season's greetings to you all,

PP Narayana Shagrithaya

Think it Over

Generosity is giving more than what you can,
And pride is taking less than what you want.

Kahil Gibran

RI THEME 2022-23



CATARACT FREE BHANDUP CAMP

As a part of our ambitious project "Cataract Free Bhandup", cataract screening and eye check up camps are organised on the first Saturday of every month. It is organised at Satyavijay Society, Opp. Sarvoday Society, Jangal Mangal Road, Bhandup West. From February onwards the venue has been shifted to Datta Mandir, S. G. Barve Marg, Near Hotel Gopalashram, Near Mulund Checknaka, Wagle Estate Starting Road, Thane-400604. This is in association with **Billavar Association, Bhandup and Bhaktivedanta Hospital and Research Institute, Mira Road.**



In the camp held on 4th March 2023, 67 beneficiaries were screened, out of whom 31 were selected for operation. They were sent to Bhaktivedanta Hospital at Mira Road on 7th March 2023 and were successfully operated.



In the camp held on 1st April 2023, a total of 57 beneficiaries were screened out of which 20 were detected for cataract. They were sent to the Hospital at Mira Road on 2nd of April and were successfully operated.

POLARIS – THE ALPHA DISTRICT CONFERENCE
POLARIS – The ALPHA District Conference 2023 was held from 25th to 27th February 2023 at the **Taj Resort & Convention Centre, Cidae De Goa**. Past Rotary International Director **Katerina Kotsali Papadimitriou** was the RI President's Representative.

The galaxy of speakers included **Mr. Rakesh Mohan**, a member of the Economic Advisory Council to the Prime Minister, and Indian Economist and former Deputy Governor of Reserve bank of India; **Maharaj Kumar sahib Lakshyaraj Singhji Mewar of Udaipur**; **Ritu Dalmia**, Indian Celebrity Chef & Restaurateur; **Puneet Chhatwal**, Managing Director & CEO of Indian Hotels company Ltd; **Sanjeev Srivastava**, Political & Foreign Affairs Commentator & former India Editor BBC; **Habib Khorakiwala**, Founder & Chairman of Indian multinational pharmaceutical & biotechnology company Wockhardt Limited; **Shailesh Haribhakti**, a five decade Chartered and Cost Accountant, a thought leader on the Indian economy & Public Policy; **Jaspal S. Bindra**, Chairman, Centrum Group; **Navneet Munot**, MD & CEO, HDFC Asset Management Company Limited; **Licypriya Kangujam**, a child environmental activist from India; **General Manoj Naravane**, Retired Army General; and so on.

The entertainment program included **Mr. Shujaat Husain Khan**, one of the greatest Indian musicians and Sitar player of his generation; Fashion show by **Anju Modi**, a renowned Indian costume designer;

Music by **Raagas2Riches**, a leading band of Goa that performs all over India; and more.

Assistant Governor Vinodkumar Aggarwal and Rtn. Sunita Aggarwal from our club attended the conference.

INTERNATIONAL WOMEN'S DAY CELEBRATION 2023

-Recognizing Women Achievers

Celebrating International Women's Day is a Signature Project of Rotary Club of Mumbai Bhandup. This year we celebrated it on 11th March 2023. Although the designated date for International Women's Day is the 8th of March, we do change the date mainly to make it convenient for the awardees to attend. This year we opted to felicitate six women achievers in the field of academics. All the six selected were outstanding teachers who were already recipients of National Awards, State Awards, or some other important awards. The six notable academicians picked up for the awards were **Dr. Radhike Khanna, Ms. Jean Gomes, Dr. Dolly Henery, Ms. Sangeeta Sohni, Dr. Sharmila Ghuge and Dr. Kusum Bisit**.



The teachers were presented with symbolically created trophies, a certificate, and a gift. All the teachers spoke in their response. Everyone had a different story to narrate, their struggle, sacrifices, achievements but what was common to each one of them was their love and passion to teach. One of the teachers, thanking our club said aptly, "No matter how many awards, every award is a recognition and an achievement by itself and there can never be a paucity of space in our hearts and homes.... they can pour in bountifully".



The program was spearheaded by our active Rotarian **Chitra Ramakrishnan** along with her team of enthusiastic volunteers including **President Uday**

Shetty. District Secretary Asha Janardhan was the chief guest of the event.

We started celebrating International Women's Day in 2019, wherein we felicitated six women achievers in different fields like an academician, a rikshaw driver, a swimmer and so on. In 2020, we felicitated five women achievers in the field of fine arts - a dancer, a classical singer, a percussionist, a theatre artist and so on. We missed it in 2021 due to Covid 19 pandemic. In 2022, we felicitated five women achievers in the field of sports. Every time it was Rtn. Chitra Ramakrishnan who enthusiastically spearheaded the project, and we plan to continue to celebrate this in the coming years also.

DISTRICT TRAINING ASSEMBLY

The important training program of the district "District Training Assembly" was held on Sunday 16th April 2023 at Hotel ITC Grand Maratha. The host club was **Rotary Club of Bombay Airport**.

The program commenced with an invocation song and a dance recital. **District trainer Dilip Mulay** called the meeting to order. After the National anthem, President of host club **Suvendra Mishra** formally welcomed the guests and delegates. This was followed by greetings and Curtain Raiser from **Convener Ashmi Parekh**. District Trainer Dilip Mulay then spoke very nicely on "**Purpose of the day**".

DGE Arun Bhargava spoke on the 2023-24 RI Theme "**Create Hope in the World**" and also about his brief plans and what is his expectation from the clubs. One of the important points he mentioned was that there will not be any district project except the **National Integration Project** which is being planned in Kashmir.

DGE Arun Bhargava then introduced the Guest of Honor **DGE Manjoo Phadke** of District 3131. DGE Manjoo Phadke is a prolific speaker and she spoke brilliantly on the topic "**Success Mantra for 2023-24**". The key take away points: 1. Be proud of Rotary. 2. Even if you do 10 good things and one wrong thing, people will notice your one wrong deed only. Be conscious of this in your work. 3. Identify your and members' core competencies and work on them. 4. Look for collaboration with your members, other clubs/organizations for succeeding in your goals.

Chief Guest **RIDE (Rotary International Director Elect) Raju Subramanian** was then introduced by **PDG Subhash Kulkarni**. Being a natural orator RIDE Raju Subramanian mesmerized the audience with his fascinating delivery. The take aways are: 1. Personal touch is very important. 2. In Rotary we all are equals – no person is superior, including RI

President or RI Director. 3. Working together works. 4. Be humble and simple. He appreciated and welcomed the National Integration Project proposed by DGE Arun Bhargava.

DGN Chetan Desai then briefly spoke about his plans for the year 2024-25. After announcements by **DS Sandip Kedia** and convener **Ashmi Parekh, PE Dr. Akshay Mehta** proposed the vote of thanks.

This 1st Plenary session was followed by two breakout sessions, one before the lunch and another after the lunch in six different rooms. These breakout sessions covered practically every topic in Rotary like Resolutions & Financial Obligations; Membership Development & Retention; RI & District Citation; Communication; Digital Rotary; Various topics in Club administration, Membership, Public Image, Role of Club Trainer, Community Service, Vocational Service, Youth Service and International Service. Grant management seminar, CSR and Rotary Foundation was combined into one, in a separate breakout session.

In the 2nd Plenary session, **LG Elect Rajan Dua** had an interesting interaction with **Film & TV artist Shri. Shreyas Talpade**. DGE Arun Bhargava then spoke on "**The Path Ahead**". Summary, Feedback and Recognitions were handled by DGE Arun Bhargava and DT Dilip Mulay. This was followed by lucky draw and announcements and vote of thanks by Co-Convener **Suket Jariwala**.

Overall, it was a great day of excellent learning, fellowship and entertainment. Ten members from our club participated in the program.

PP Jaya Sooda on "Art of Public Speaking: Be A Voice; Not An Echo"

In the club meeting held on Thursday 23rd April 2023, PP Jaya Sooda, a member of Rotary Club of Bombay Mulund Valley and the current Assistant Governor, spoke on the interesting subject "The Art of Public Speaking: Be A Voice; Not An Echo". Jaya Sooda is an excellent speaker.

PP Jaya Sooda said that Public Speaking ability is an integral part of personality and Leadership Development. "Public Speaking is transformation of truth into a language that is perfectly intelligible to the people whom we are speaking to".

Art of public speaking involves the development of following skills:

1. Learn to stop speaking before the audience stops listening.
2. Learn to speak what the audience wants to hear.
3. Select an audience before preparing a speech.
4. Accept the fact that every speaker was a bad speaker when he began.

We meet every Thursday at Hotel Guru Prasad, Link Road, Mulund at 7.00 PM.

5. Accurate statistics and involvement in the subject are vital to good speaking.
6. Develop certain traits into your personality like ignorance of child, grace of youth, knowledge of elderly and self-control of a saint.
7. Grab every opportunity to speak in public whether you are good or not.
8. Intimate eye contact develops emotional bonding with the audience.
9. Emotions, statistics and humor are required to be blended in good speech.

Fear of Public Speaking:

1. Fear is a process of absorbing in illusionary energy.
2. Fear of failure always discourages one from attempting to speak.
3. The phenomenon of fear is termed Social Anxiety Disorder.
4. Fear is unfounded and is a result of anxiety developed because of psychological response.
5. Fear of ridicule, forgetfulness, shortage of words are frequently observed.
6. Fear can be reduced by attempting to speak often. Yoga helps a lot.

In conclusion PP Jaya Sooda said people forget what you said and how you said but remember how you made them feel. Audience decides your success in speaking. Don't irritate them or waste their time. Your honesty with your words is well perceived by your audience. Be what you are, speak what you like, words are yours, but thoughts are not.

Prior to the talk by the speaker, **President Uday Shetty** called the meeting to order and welcomed the guests and members, after the National anthem. **PP Narayana Shagrithaya** gave Rotary information. President Uday Shetty then spoke about the projects and programs carried out during the month. New members **Rashmin Shah, Jinansh Doshi and Ajesh Shetty** were inducted by the chief guest PP Jaya Sooda after formal introduction of the new members by **PP R. Natarajan**.

PP Narayana Shagrithaya formally introduced the speaker to the audience. Secretary **Jennifer Isaac** made the secretarial announcements and **Rtn. Biju Babu** proposed the vote of thanks.

Meeting with RI President Elect Gordon McInally

During the visit of RI President elect Gordon McInally to India, our District Governor Elect Arun Bhargava had arranged a meeting with him on 24th April 2023 at Sofitel Hotel in Bandra Kurla Complex. This was attended by District core team members, Assistant Governors, Assistant Trainers and few President

Elects. Our President Elect Jennifer Isaac was one of the privileged invitees.

RIPE Gordon McInally spoke more about continuity. He is continuing last year's thrust area of women empowerment by PRIP Shekhar Mehta. He said that all children should have chance to live in the world, be it any country. He said that Rotary is very strong in India.

Gordon McInally's wife Heather, speaking on the occasion said that "Peace is hope". She spoke about the scarf for the Rotary year 2023-24 – the colors are very bright, shape in patterns, sign of peace is what is represented in the scarf. She said "Enjoy Yourselves and Enjoy Rotary".



DGE Aruna Bhargava specially introduced our PE Jennifer Isaac as "**MAGIC WOMAN**", for getting maximum number of members to the club. Congratulations Jennifer, you have brought honor to our club.

LOOKING BACK

In the regular club meeting of Thursday 2nd March 2023, **Rtn. Hemang Jangla** spoke on the topic "**Relevance of EPICS in today's world**". **President Uday Shetty** called the meeting to order and welcomed the guests and members. **IPP Natarajan** gave the information on Rotary. After this President Uday gave an account of projects done during the previous month.

Secretary **Jennifer Isaac** introduced the speaker **Rtn. Hemang Jangla**, who made a very interesting and informative presentation on the topic which was well appreciated and enjoyed by the members present.

Secretary Jennifer Isaac made the secretarial announcements and **Rtn. Asha Narang** proposed the formal vote of thanks.

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A Career Guidance Seminar "**The Future Focus Seminar**" was organised on Sunday 2nd april 2023 from 10am to 2pm at Kalidas auditorium, Mulund. This program was organised by **Rtn. Biju Babu of "GEENEUS Minds"** in association with **Rotary Club of Mumbai Bhandup**.

More than 850 students and parents participated in the program. Quite a few of our Rotarians attended the program.

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A visit to **Kshamata Transformation Center** at Thane was organized on Friday 24th March 2023 at 3pm to address the inmates of the center on Pink Auto and Skill Development projects.

President Uday Shetty, IPP Natarajan, Rtn. Seema Kshirsagar and PP Ramakrishnan participated in the program.

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INCREDIBLE year PETS(President Elects' Training Seminar), SETS(Secretary Elects' Training seminar), TETS(Treasurer Elects' Training Seminar) and GMS1 (First Grant Management Seminar) were held on 26th March 2023 at Hotel Lalit in Mumbai. It was a full day program with breakfast, lunch and high tea in the evening.

From our club **PE Jennifer Isaac, SE Vaishali Sawant, TE Dr. Shraddha Nate and ATLata Jha** attended the program.

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PP T. R. Natarajan attended the "**Incredible Project Mela**" held on Sunday 2nd April 2023 at Amolak High School, Wadala.

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District awards Program of Dream Year 2021-22 was held on Sunday 9th April 2023 at The Lodha Towers at Lower parel.



IPP Natarajan received the coveted **PDG ASHOK MAHAJAN TROPHY B4A** for outstanding membership development by a club up to 50 members. This is a Rotating Trophy. Apart from this trophy, we also received a certificate. As you all

know our club membership went up from 14 to 52 during the last year.

IPP Natarajan, Secretary Jennifer Isaac and Isaac Soundarrajan Pandian attended the program.

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In the club meeting held on Thursday 6th April 2023, self mastery expert **Ms. Anjali Shrivastava** spoke on an interesting topic "**Hack Yourself**".



President Uday Shetty called the meeting to order and welcomed the guests and others. **PP Narayana Shagrithaya** gave brief Rotary information about financial matters relating to club and District; and about Rotary publications. After this **President Uday Shetty** gave details of the club projects and programs carried out since the last club meeting.

PP C. R. Ramakrishnan introduced the speaker. **Ms. Anjali Shrivastava** made an excellent presentation on the unusual topic "**Hack Yourself**". The whole talk was based on her personal experiences or rather personal sufferings and how she came out from an almost impossible situation and then turned it into an opportunity to start a fresh career and take control of her life. Now she is a self mastery expert and she gives talks and conducts programs on the subject. The presentation was well appreciated and enjoyed by the members.

In the absence of secretary **Jennifer Isaac, Rtn. Asha Narang** made the secretarial announcements and also proposed the formal vote of thanks.

BOARD OF DIRECTORS MEETING

9th BOD meeting of the Rotary year was held on 23rd March 2023, at the office premises of **President Uday Shetty** at Anandraj Industrial Estate at Bhandup West. **President Uday Shetty** chaired the meeting. He welcomed the Directors present and then read the minutes of the previous meeting. Discussions were held on various topics like collection of semiannual dues, planning of date for release of souvenir, Pink Auto Project progress, Progress of skill development project, Khel Khel Mein project, Breast Cancer

We meet every Thursday at Hotel Guru Prasad, Link Road, Mulund at 7.00 PM.

screening project, starting of Interact club at Vani Vidyalaya, Retina operation project, PAN Card for the club, change of Rotary Club meeting venue to Hotel Sorisso, Fund Raising responsibility, Retina/cancer education loan requests, Venue for the Installation program of Incoming President and the Board, status/visits to Auto Stands after discussion with Mr. Ghosalkar etc.

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10th Board of Directors meeting of Rotary year 2023 was organized on 28th April 2023 at Bunts Industries Pvt Ltd, Anandraj Industrial Estate, Bhandup West. President Uday Shetty chaired the meeting and read the minutes of the previous meeting. The following items were discussed in detail in the meeting: Collection of semiannual dues, finalization of souvenir release date, Pink Auto project status, Skill Development project, Khel Khel Mein project, Breast Cancer Screening camp to be held at Kukreja complex, Vani Vidyalaya Interact club, PAN Card for the club, Finalization of Sorisso Hotel for club meetings, status of Auto Stand project, Fund Raising responsibility – Trust or Club, Retina/Cancer/Educational loan, Installation program etc.

KNOWING YOUR NEW ROTARIANS

NEELMANI SABAT

Proposed by: Rtn. Uday Shetty/Rtn. Natarajan T. R.
 Classification: Import/Export



Rtn. Neelmani Sabat is a businessman and Proprietor of M/s Mani Enterprises. He is in the business of import and export of used offset printing and binding machinery. He has his office in Bhandup

Industrial Estate in Bhandup and he is a resident of Dombivali.

Rtn. Neelmani is happily married to Sujatha, who is a housewife. The couple is blessed with son Vinayak and daughter Vaishnavi, who are studying in school. Neelmani feels that joining Rotary will help him in his personal growth and development and also business development. It will also give him an opportunity to serve the society, meet new people and to understand the importance of values and ethics in personal and business life.

AJESH SHETTY

Proposed by: Rtn. Uday Shetty
 Classification: Numerology Consultancy



Rtn. Ajesh Shetty is a resident of Bhandup West. He has a bachelor's degree in Science to his credit. He is a businessman, Professional Numerologist and Certified Fitness Advisor. He is practicing Numerologist Consultant since the last 3 years. He has also a football academy named Rising Star FA wherein he is in charge of Operations and Marketing. He has more than 20 years experience in medical field in sales and marketing and six years in Fitness Industry in Operation and sales.

Ajesh wants to join Rotary as he believes in its mission to make the world a better place, and being a part of the Rotary community would align with this shared vision. He also feels that interacting and working with people from different professions and walks of life would broaden his horizon and help him to change one step at a time.

Ajesh's hobbies range from coaching and playing cricket and football, listening to music and gymming. Ajesh is happily married to Anita, who is a qualified Chartered Accountant. She is in corporate service.

Anita's interests include listening to music, watching movies and reading books. The couple is blessed with two lovely daughters. **Tanisha** is studying in the college and **Riddisha** is studying in school. Tanisha's interests include listening to music, calligraphy, and watching dramas & music videos whereas Riddisha is interested in dancing and playing.

CONGRATULATIONS

To **Rtn. Dr. Manish Motwani** of Rotary Club of Mumbai Mulund Hill View for being elected as **District Governor Nominee Designate (DGND) of our District 3141 for the Rotary year 2025-26.**

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To **PDG Ajay Gupta** of RC of Bombay Pier for being elected as **COL (2025) and COR (23, 24, 25) Representative.** (COL is Council on Legislation & COR is Council on Resolutions).

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To **IPP Natarajan and RC of Mumbai Bhandup** for receiving the "PDG Ashok Maajan Trophy for Outstanding Membership Development by a club up to 50 members" at the District Awards function held on 9th April 2023 at The Lodha World Towers, Lower Parel.

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To **Rtn. Jennifer Isaac and Rtn. Dr. Shraddha Nate**, for becoming Paul Harris Fellows(PHF).

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To **RCMB – an article appeared in April 2023 issue of "Rotary News" about our "Cataract Free Bhandup".**

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To **Rtn. Seema Kshirsagar** for opening her new Skill Development Center at Mankhurd.

Our Ambassadors

Rtn. Seema Kshirsagar was invited at Special Children School at BKC Cerebral Palsy Association of India on 3rd May 2023.

SCHEDULE OF CLUB PROGRAMS.

2nd March 2023: **Rtn. Hemang Jangla** to speak on "Relevance of EPICS in today's world.

4th March 2023: **Cataract Screening and Surgery Camp** in association with Bhaktivedanta Hospital and Research Center. Venue: Datta Mandir, S. G. Barve Marg, Near Hotel Gopalashram, Near Mulund Checknaka, Wagle estate Starting Road, %hane-400604.

11th March 2023: **International Women's Day Celebration – Felicitation of Women Academicians.** Time: 6 to 7pm: Fellowship. 7 to

We meet every Thursday at Hotel Guru Prasad, Link Road, Mulund at 7.00 PM.

8.30pm: Women's Day Celebration. 8.30pm onwards: Dinner. Venue: Hotel Sorriso, Royal Classic, Goregaon Mulund Link Road, Mulund West. Chief Guest: **DS Asha Janardhan.**

23rd March 2022: **BOD Meeting.** Time: 6 to 7.15pm. Venue: Bunts Industries Pvt Ltd, 122, Anandraj Industrial Estate, Bhandup West.

24th March 2023: Visit to **Kshamata Transformation Center, Thane.** Time: 3pm.

1st April 2023: **Cataract Screening and Surgery Camp** in association with Bhaktivedanta Hospital and Research Center. Venue: Datta Mandir, S. G. Barve Marg, Near Hotel Gopalashram, Near Mulund Checknaka, Wagle Estate Starting Road, Thane-400604.

2nd April 2023: **Career Guidance Seminar for Std. X – The "Future Focus Seminar".** Time: 10am to 2pm. Venue: Kalidas Auditorium, Mulund West. A project of **RC of Mumbai Bhandup** in association with "JEENEEUS Minds".

6th April 2023: Self Mastery Expert **Ms. Anjali Shrivastava** to speak on "Hack Yourself".

20th April 2023: **AG Jaya Sooda** to speak on "Art of Public Speaking - Be a Voice. Not an Echo". Venue: Hotel Sorriso, Mulund West.

28th April 2023: **BOD Meeting.** Time: 6pm onwards. Venue: Bunts Industries Pvt Ltd, 122, Anandraj Industrial Estate, Bhandup West.

3rd May 2023: **Dr. Manjeet Singh Arora of Fortis Hospital** to speak on "My Role at the time of Heart Attack". Venue: Hotel Sorriso, Mulund Goregaon Link Road.

6th May 2023: **Cataract Screening and Surgery Camp** in association with Bhaktivedanta Hospital and Research Center. Venue: Datta Mandir, S. G. Barve Marg, Near Hotel Gopalashram, Near Mulund Checknaka, Wagle Estate Starting Road, Thane-400604.

18th May 2023: **Directors' Orientation Program.** 5.30 to 6pm: Tea & Fellowship. 6 to 8.30pm: Directors' Orientation Program. 8.30pm onwards: Dinner & Fellowship. Venue: Banquet Hall, Hotel Guruprasad, Mulund West. Speakers: **Rtn. Sandip Kedia, DS Hanuman Tripathi, Rtn. Devang Goradia, Rtn. Manish Gyani, Rtn. Rajan Dua, AG B. K. Ahluwalia.**

SCHEDULE OF DISTRICT/RI PROGRAMS.

25-27 February 2023: **POLARIS – The Alpha Conference.** Venue: Taj Resort & Convention Centre and Taj Cidade de Goa.

26th March 2023: **INCREDIBLE PETS, SETS, TETS & GMS-1.** Time: 9am to 5pm. Venue: Hotel Lalit, Mumbai.

7th April 2023: **Superchef Team Challenge**. Time: 5 to 8pm. Venue: Ramanath Payyade College of Hospitality Studies, Kurla East. Host club: RC of Mumbai Sion.

9th April 2023: **District awards Dream Year 2021-22**. Time: 4.30pm onwards. Venue: The Lodha World Towers, Lower Parel. Charges: Rs. 1500 per person.

16th April 2023: **Incredible District Training Assembly 2023-24**. Time: 8.30 to 17 Hrs. Venue: ITC Grand Maratha, Sahar. Charges: Rs. 3200 per person – includes breakfast, lunch & high tea.

6th May 2023: **Resolutions Meeting for District Bylaws Amendments**. Time: 3pm. Venue: IMC, Churchgate.

14th May 2023: Incredible **“Vibrant Club Workshop”**. Time: 8.30am to 2pm. Venue: THE CLUB, D. N. Nagar, Andheri West. Registration Charges: Rs. 1200 per person.

27th to 31st May 2023: **RI Convention. Venue: Melbourne, Australia**

25th June 2023: **ALPHA SHUKRIYA**. Time: 8.15am onwards. Program followed by lunch. Venue: Jio Convention Center, Bandra Kurla Complex.

2nd July 2023: **Installation program of DG Arun Bhargava**. Venue: Hotel Lalit, Mumbai.

BIRTHDAYS & WEDDING ANNIVERSARIES

MARCH

05	WA		Narayana & Jayashree Shagrithaya
09	BD	DTR	Jeffrina Evelyn Isaac
11	BD	RTN	Kishore Dharmabalan Mundakel
16	WA		Subhash & Sujaya Alva
17	BD	SON	Yohan Thomas
20	BD	ANN	Sujaya Alva
21	WA		Sujatha & Sanil
21	BD	ANN	Anita Ajesh Shetty
26	BD	DTR	Rohini Saksena
27	BD	RTN	Jinansh Doshi
28	BD	ANN	Rashmi Parab
31	BD	DTR	Labdhi Shah

APRIL

01	BD	DTR	Yanna Thomas
03	BD	SON	Anoop Nair
04	BD	ANN	Shalini Saksena
04	BD	ANN	Dipika Patil
05	BD	ANN	Saritha Reddy
06	BD	RTN	Neelmani Sabat
08	BD	RTN	Lata Jha
09	BD	ANN	Sarah Thomas
09	BD	SON	Reyansh Bane
10	BD	SPOU	Shekhar Kshirsagar
10	BD	ANN	Varsha Rashmin Shah

11	BD	RTN	Vikas Balaram Patil
11	BD	SON	Harsh Bipin Shah
16	BD	DTR	Neha Raina
16	BD	ANN	Prutha Bane
17	BD	RTN	Hima Rajani
20	BD	SON	Jeet Pavani
23	WA		Asha & Ashok Narang
24	BD	RTN	Bipin Shah
27	BD	SON	Shreyas Shetty
29	WA		Vikas & Dipika Patil
29	BD	RTN	Arpit Thakkar

ROTARY CODE OF CONDUCT

AS A ROTARIAN, I will

- 1. Act with Integrity and high ethical standards in my personal and professional life.*
- 2. Deal fairly with others and treat them and their occupations with respect.*
- 3. Use my professional skills through Rotary to: Mentor young people, help those with special needs, and improve people's quality of life in my community and in the world.*
- 4. Avoid behavior that reflects adversely on Rotary or other Rotarians.*

MOTTOS OF ROTARY

- 1. One profits most who serves best.*
- 2. Service Above Self – This is the primary motto.*

MOTTO OF THE ROTARY FOUNDATION DOING GOOD IN THE WORLD.

Laugh it off!!!

An elderly man was invited to his old friend's home for dinner one evening.

He was impressed by the way his buddy preceded every request to his wife with endearing terms – Honey, My love, Darling, Sweetheart, Pumpkin etc. The couple had been married for almost 70 years and, clearly, they were still very much in love.

When the wife was in the kitchen, the man leaned over and said to his host, "I think it is wonderful that, after all these years, you still call your wife those loving pet names. The old man hung his head, "I have to tell you the truth," he said, "I forgot her name about 10 years back."

Bulletin edited and published by PP Narayana Shagrithaya. Mobile : 9821267367/9820967367.